



# Success in the Prime Areas

Nursery Parent Meeting, Spring Term 2023

# Supporting your child in Early Years

This meeting will support you with :

- ▶ Strategies for improving your child's independence
- ▶ Activities for supporting speech and language development
- ▶ Ways to support your child's fine and gross motor development
- ▶ Suggestions for supporting personal and social development

# Prime Areas of Learning



Communication  
& Language



Physical  
Development



Personal &  
Social  
Development



# Expectations for the end of EYFS



<b>Communication and Language</b>	<b>Listening, Attention and Understanding</b>	<ul style="list-style-type: none"><li>• Listen attentively and respond to what they hear with relevant questions, comments and actions when being read to and during whole class discussions and small group interactions.</li><li>• Make comments about what they have heard and ask questions to clarify their understanding.</li><li>• Hold conversation when engaged in back-and-forth exchanges with their teacher and peers.</li></ul>
	<b>Speaking</b>	<ul style="list-style-type: none"><li>• Participate in small group, class and one-to-one discussions, offering their own ideas, using recently introduced vocabulary.</li><li>• Offer explanations for why things might happen, making use of recently introduced vocabulary from stories, non-fiction, rhymes and poems when appropriate.</li><li>• Express their ideas and feelings about their experiences using full sentences, including use of past, present and future tenses and making use of conjunctions, with modelling and support from their teacher.</li></ul>



# Supporting communication and language

## Modelling good speaking and listening

- Eye contact
- Model spoken language
- Positive reinforce
- Repeat, don't correct

Rewards for following instructions - build in complexity

High expectations



# Supporting listening skills

- ▶ Reading rhyming texts e.g. Julia Donaldson and using your voice during storytelling
- ▶ Nursery rhymes
- ▶ 'I spy' and letter / number detectives
- ▶ Music and movement e.g. keeping a beat



# Additional resources

Other Games / activities:

Handout - Talk with me

Speech and language difficulties:

<https://speechandlanguage.org.uk/help-for-families/resource-library-for-families/>

# Expectations for the end of EYFS



Area of Learning	Aspect	Early Learning Goals
<b>Personal, Social and Emotional Development</b>	<b>Self-Regulation</b>	<ul style="list-style-type: none"> <li>• Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.</li> <li>• Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.</li> <li>• Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</li> </ul>
	<b>Managing Self</b>	<ul style="list-style-type: none"> <li>• Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.</li> <li>• Explain the reasons for rules, know right from wrong and try to behave accordingly.</li> <li>• Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</li> </ul>
	<b>Building Relationships</b>	<ul style="list-style-type: none"> <li>• Work and play cooperatively and take turns with others.</li> <li>• Form positive attachments to adults and friendships with peers.</li> <li>• Show sensitivity to their own and to others' needs.</li> </ul>





# Personal and Social Development

Play games with your child / children to model turn taking / sharing

Acknowledge and name their feelings - it is OK to be upset / angry / scared

Talk about food / drinks and healthy choices during meal times - encourage your child to make their own choices

Teeth brushing / bathing - talk about why we do these and build independence

Toilet training and getting dressed - <https://eric.org.uk/>



Help with  
potty training

# Self regulation

*'Self-regulation involves children's developing ability to regulate their emotions, thoughts and behaviour to enable them to act in positive ways toward a goal.'* Birth to 5 Matters

- ▶ Clear routines
- ▶ Basic needs
- ▶ Use praise and rewards
- ▶ Positive use of screen time



# Personal and Social Development

Other games / activities:

Board or card games

Visiting different places / meeting different people

Rewards for independence



# Expectations for the end of EYFS



<b>Physical Development</b>	<b>Gross Motor Skills</b>	<ul style="list-style-type: none"><li>• Negotiate space and obstacles safely, with consideration for themselves and others.</li><li>• Demonstrate strength, balance and coordination when playing.</li><li>• Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</li></ul>
	<b>Fine Motor Skills</b>	<ul style="list-style-type: none"><li>• Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.</li><li>• Use a range of small tools, including scissors, paintbrushes and cutlery.</li><li>• Begin to show accuracy and care when drawing.</li></ul>



# Physical development

- ▶ 60 minutes being active per day (30:30)
- ▶ Climbing frames develop upper body strength needed for extended writing in Reception / Year 1
- ▶ Independence dressing: coats, zips, buttons and stickers for shoes
- ▶ Avoid use of buggies - praise and reward for being active / independent
- ▶ Playdough / kinetic sand



# Physical Development

## Other activities / games

- Dancing or online exercise videos for rainy days e.g. Sticky Kids
- Learn to ride a bike (Chris Hoy has lots of great tips!)  
<https://www.youtube.com/watch?v=DXepxNoS3vs>
- Child scissors and junk modelling / craft boxes

# Name writing

- ▶ Lots of children already writing their names

Focus on:

- ▶ lower case letters (except the first letter)
- ▶ correct pen/pencil grip
- ▶ writing left to right

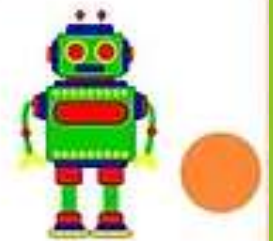


# Phonics in Nursery

- ▶ No letter sounds (yet!)
- ▶ AUT - 1 & 2
- ▶ SPR - 3 & 4
- ▶ SUM - 5 & 6 (7 if ready)

## Phase 1 Phonics Activities

- **Aspect 1: Environmental sounds**  
Stories - Walk around local area
- **Aspect 2: Instrumental sounds**  
Bag of instruments - Add sound effects
- **Aspect 3: Body percussion**  
Action songs and rhymes
- **Aspect 4: Rhythm and rhyme**  
Rhyming stories - What rhymes with...?
- **Aspect 5: Alliteration**  
Having fun with names - Story characters
- **Aspect 6: Voice sounds**  
Adding different voices to stories
- **Aspect 7: Oral blending and segmenting**  
Robot speech c-a-t and Put it together





# Thank you!

▶ Any questions?

